



Planning for good health

- 1. Keep up with routine disease prevention -** Vaccination boosters, regular worming, flea control.
- 2. Keep up with Pet Health Insurance** - you'll need it later (typically a significant claim is made every 3 years per insured pet).
- 3. Bad Teeth and Gingivitis** - Get the teeth cleaned and polished under anaesthetic regularly - preserve the teeth rather than waiting till they go bad.
- 4. Obesity** - Overweight cats have less fun and live shorter lives. Slim down overweight cats now.
- 5. Behaviour problems** - Nervousness, aggression, toileting problems, scratching etc. - Behaviour problems come in many forms and often result is an anxious or unhappy cat - we can sort out most problems.
- 6. Regular Health Check with the nurse** every 3 months. Our nurses will monitor body condition and guide you through the best preventive health care.

Weight _____ Ideal weight _____ Date _____

Notes

Pet's Name _____

Top Priorities for your Adult Cat



- PET HEALTH INSURANCE with LIFE COVER**
Start before there's a problem! Ask our nurses for help in choosing a reliable insurance policy. *AVOID policies that only give cover for 12 months.*
- HIGH QUALITY FOOD** - we recommend for neutered cats up to 6 years of age - **Hill's Neutered Cat Young Adult** *for less hair shedding, less motion, less smell, effective weight control and much improved health. Cost? ~ 40p / day for an adult!*
- VACCINATION** - against Flu, Enteritis & Feline Leukaemia.
Annual booster injection essential.
- WORM** every 3 months *with MILBEMAX.*
- FLEA PREVENTION** Do it all year round!
Treat all your pets! Cost for 12 months for a cat is £60 - £75.
The most effective method for a cat, because you won't forget to do it is PROGRAM injection - every 6 months!
or use STRONGHOLD spot-on monthly (N.B. cats don't like spot-ons)
- NEUTERING** of both male and female cats.
- idENTICHIP** - Electronic ID - do it today - lasts for life.
- WATCH THE WEIGHT** - Overweight cats are prone to diabetes, heart disease and arthritis. Feed Hill's R/D (dry or canned) + Join "**Pet Slimmers**" - our nurses will help you slim your cat successfully.
- TEETH CARE** - have the vet or nurse check the teeth regularly.
Dental polishing under anaesthetic will be required approx. every 2 yrs.
- FELIWAY Plug-In Diffuser** - helps calm anxious cats.
FELIWAY Spray - helps cats relax when travelling in a car.

Visit our website: www.vet-healthcentre.co.uk

Veterinary Health Centre, Daisy St. Blackburn (01254) 53622
Vets: John Davies MRCVS, David Higginson MRCVS, Sam Purcell MRCVS
Practice Manager: Ruth Swan VN BSc(Hons) PhD

Information Leaflets

Available free from reception.

- Finding the right diet.
- Successful slimming.
- Your cat's dental assessment.
- Anaesthetic safety explained.
- Litter training your cat.
- How to worm your cats.
- Flea prevention.
- Benefits of neutering cats.
- Behaviour therapy.

Is your cat's behaviour less than perfect?

We can help sort out your cat's emotional problems.



Nervousness?
Scratching & Biting?
Aggression to other cats?
Toileting problems?
Killing birds?

◆ Ask at reception for details of our behavioural services.



Cat walks in garden....

- One flea jumps onto cat.
- Flea lays 1000 eggs that scatter around the house!
- Eggs form into adult fleas in ~ 2 - 4wks.
- One flea can result in 1000 fleas in 4wks



Wise pet owners prevent flea infestation by regular flea prevention with vet products that really work and are safe.

- Use PROGRAM (6 monthly injection) works best because you don't have to remember to apply it!
- or use STRONGHOLD spot-on monthly.
- Treat all your dogs and cats - all year round!

Your cat's Healthcare Budget

Estimated costs per year:

Worming 4 x/year	£20	
Flea Prevention	£70	
Annual Booster	£40	(Primary £55)
Health Insurance (PetPlan)	~£150	(inc. with age of cat)
Medical problems not insured	£100	(£0 - £300)
Boarding for 2 wks	£100	(£0 - £100)
Equipment, Toys, Treats	£120	(£50 - £200)
Quality food (Hills Science Plan)	£200	
	£800	

+ Once only costs - neutering, identichip.

Most Costly Mistakes

- 1) If you don't insure yourcat's health you may have costs up to £1000 - £2500 for serious injury or disease.
- 2) If you feed canned food, small tubs or sachets you may be paying twice as much for a poorer quality food.

Biggest Health Mistakes

- 1) Obesity - overweight cats have more medical problems.
- 2) Not neutering - neutering prevents a host of problems.
- 3) Neglecting dental care - bad teeth cause ill health.
- 4) Not vaccinating against fatal diseases.
- 5) No identification - use a Cat Collar with a name tag.

Even if your cat has an Identichip you still need to use a cat collar as a clear indicator that this cat is not a stray! Put your name, address and phone no. on one side and "VET 01254 53622" on the other side. Our phone is always answered even if you are away. Your cat will be returned to a safe place even if you are not at home. Our nurse will show you how to fit a cat collar safely.

Planning ahead prevents problems